

A Vision Board in the form of the Bagua Map

(One of the most results producing tools in Feng Shui)

by Serafina Krupp, Angelic Feng Shui Master & Interior Designer

<p>ABUNDANCE & PROSPERITY Purples, reds, and blues</p>	<p>ILLUMINATION FAME & REPUTATION reds</p>	<p>LOVE & RELATIONSHIPS Whites, pinks, and reds</p>
<p>FOUNDATION & FAMILY Blues, and greens</p>	<p>HEALTH & WELLBEING Yellow and earth tones</p>	<p>CREATIVITY & CHILDREN White and pastels</p>
<p>SKILL & INNER KNOWLEDGE Black, blues and greens</p>	<p>CAREER & LIFE'S JOURNEY Black and dark tones</p>	<p>HELPFUL PEOPLE & Travel White, grey, and black</p>

Expressing yourself creatively is one of the most powerful ways to activate joy, enthusiasm and participation in life. You will be making a Vision Board in the form of the Bagua.

Write in the different Bagua areas on poster paper and have a pile of magazines you can pull pictures out of.

Do a brief breathing exercise to get yourself out of your head and into your heart.

Your soul does not communicate with words but pictures. Your soul knows your heart's desire. Take magazines and pull the pictures out that bring you excitement.

You do not have to use all pictures but start working with them with your Bagua. If possible, get some Pritt glue then you can move things more easily later. It is easy to glue the pictures or picture in the desired space. Remember you are creating your new reality. Get out of your head and into your heart. Do not give yourself too much time to think. Once you have your pictures give yourself 30-45 minutes to complete the Board.

When you are done with the Vision Board get together with a friend and share your life using the Bagua map. Pretend you haven't seen each other in a year and share what you have done and what you have been doing with the Vision Board.

You will be living your future in the present with the spoken word. The spoken word is very powerful and goes into the subconscious and the subconscious is your connection to the divine source and it always reaches its goal.

If you can't get together with a friend do the exercise in the mirror and talk with yourself.

May you activate joy, abundance, Love, and participation in life with many Blessings!

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